

Alternative Break

Make a Difference

Sample Itinerary

Bridges to Community Alternative Break Trips allow college students the opportunity to explore a new part of the world, experience a different culture, make long lasting connections, all while working hard on a sustainable community development project. Students sleep and eat in the community and work alongside community members, enabling them to have a truly meaningful experience. While each trip is unique, the below itinerary will give you a taste of what you can expect from a Bridges to Community Alternative Break Trip.

Day 1: Group Arrives

The group will eat together, have orientation, and get some rest in a hotel.



Day 2: Exploring

- Breakfast at the hotel
- Visit one of the larger cities of the country and learn about the country's past and present
- Lunch at a traditional restaurant
- Head to the community where the group will be working
- Welcome Ceremony in the community
- Dinner in the community
- Reflection

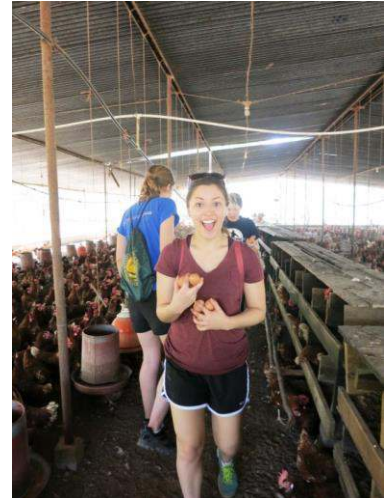
Day 3: Getting to Know the Project

- Breakfast
- Meet the local masons and the beneficiary family of the project
- Get started on the project!
- Lunch and siesta
- Continue work on the project
- Free time (play with the children at the school, start up a soccer or baseball game, or just read and rest)
- Dinner
- Reflection



Day 4: Cultural Immersion

- Breakfast
- Get to work!
- Lunch
- Cultural Break: A variety of cultural activities await volunteers in the community. You might tour one of the community members' farms, learn how to milk a cow (or a goat!), visit a hatchery and collect some eggs, grind corn and make fresh tortillas, and more!
- Return to the work site
- Dinner and reflection



Day 5: Work Hard and Play Hard

- Breakfast
- Work on the project: more than halfway done!
- Lunch
- Cultural Break: A variety of cultural activities await volunteers in the community. You might tour one of the community members' farms, learn how to milk a cow (or a goat!), visit a hatchery and collect some eggs, grind corn and make fresh tortillas, meet with a local artisan cooperative, and more!
- Back to work!
- Dinner and reflection with members of the community



Day 6: More Exploring

- Breakfast
- Work on the project: last day!
- Lunch
- Explore a nearby town or village, visit a market, or tour a local museum
- Cultural Exchange Celebration Night (get ready to perform!)
- Dinner



Day 7: Say Goodbye

- Breakfast
- Pack up belongings
- Dedication Ceremony of the project with the community
- Lunch at a restaurant
- Educational Sightseeing: Visit a local beach, a colonial town, a crater lake, a cloud forest, and more. Each country has so many beautiful places to explore!
- Dinner



Day 8: Enjoy the Beauty

- Breakfast
- Continue exploring: Visit a local beach, a colonial town, a crater lake, a cloud forest, hike a mountain or volcano, tour a fair trade coffee or cacao farm, and more. Each country has so many beautiful places to explore!
- Lunch
- Final Reflection
- Dinner



Day 9: Group Departs